



Generation B

healthy restaurant



BOWLS

Rich in protein, with a fresh salad base · Light for a lighter option · Full for a complete meal



Poke Bowl

Light 12€ Full 15€

Cured salmon
Pineapple · Rice · Cucumber
Mustard with agave



Marrakech

Light 11.5€ Full 15€

Grilled chicken
Carrot with black rice
Olives · Lemon & ginger



Costa Brava

Light 12.5€ Full 15€

Grilled salmon
Broccoli with beans
Cucumber · Cilantro & mint



Thai Glow

Light 11€ Full 15€

Curry chicken
Grilled pak choi · Edamame
Brown rice · Lemon & ginger



Middle East

Light 10.5€ Full 15€

Tahini mushrooms
Egg salad with celery
Eggplant · Tahini sauce

VT



Taco Bowl

Light 12€ Full 14.5€

Shrimp with tomatoes
Avocado · Sweet corn
Legumes · Crackers



Alpine Beef

Light 11.5€ Full 14.5€

Red wine beef
Broccoli with beans
Grilled potatoes



Pasta Bowl

Light 10.5€ Full 14.5€

Pasta salad with arugula
Tomatoes with olives
Pearl mozzarella · Pesto

VT



Fibre Bowl

Light 10.5€ Full 14€

Baked tofu · Sweet potato
Broccoli with beans
Lentils · Tahini sauce

VG



Seoul

Light 10.5€ Full 14€

White wine heura
Kimchi · Brown rice
Cucumber · Korean aioli

VG



Mediterranean

Light 9.5€ Full 14€

Salmon meatballs
Beetroot with feta
Quinoa · Squash



Brunch Bowl

Light 9.5€ Full 13.5€

Spiced turkey
Beetroot hummus
Quinoa · Lemon & ginger



Satay

Light 9.5€ Full 13.5€

Grilled chicken
Seasoned carrot
Quinoa · Satay sauce



Freedom Bowl

Create your unique bowl
choosing your favorites
Price based on your selection



Wi Fi

Images are for reference and correspond to the Full version of the product
Complete nutritional information is available on the digital menu · VAT included in the price
Please inform us about special dietary needs and/or allergies, products may contain traces

Loyalty





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TOASTS

On gluten-free country bread, toasted to order



Norway

14€

Cured salmon
Beetroot hummus
Egg salad with celery



Greek

13.5€

Avocado smash
Tomatoes with olives
Marinated feta · Tahini



Italian

12€

Spiced turkey
Sun-dried tomatoes
Green aioli · Pesto sauce



Sweet PBJ

10€

Peanut butter
Strawberry · Chocolate nibs
Berry jam

SWEET BOWLS

Balanced and full of energy · Made with premium açai from Brazil, yogurt, chia pudding and overnight oats



Açaí Vital

13.5€

Premium açai
Strawberry · Kiwi
Granola



Açaí Power Crunch

13.5€

Premium açai
Chocolate nibs
Peanut · Shredded coconut



Tropical Chia

10.5€

Chia pudding
Pineapple · Kiwi
Cashews · Shredded coconut



Berry Oats

10€

Overnight oats
Berry jam
Cashews · Chocolate



Sweet Energy Oats

8.5€

Overnight oats
Peanut butter
Almonds · Chocolate



Yogurt & Granola

8€

Yogurt
Strawberry · Granola
Shredded coconut



Yin & Yang

7.5€

Chia pudding
Yogurt · Strawberry
Chocolate nibs



Freedom Sweet Bowl

Create your unique bowl
choosing your favorites
Price based on your selection

DESSERTS · DRINKS

Desserts of the day · Specialty coffee · Ceremonial matcha · Kombucha · Soft drinks · Beer · Wine



Wi Fi

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Loyalty

